## Checklist for the practical skill "Transfer to a stable lateral position (there is no suspicion of spinal injury)"

FULL NAME. student \_\_\_\_\_ Group, faculty \_\_\_\_\_ Date

No	Act	1*	0.5**	0***
1	Make sure the victim has a pulse and breathing	10.0	0	0
2	If you have glasses, remove glasses from the victim and put them in a safe place	10.0	5.0	0
3	Kneel down next to the victim and make sure both of his legs are straight;	5.0		0
4	<ul> <li>Take the victim's hand closest to the rescuer to the side to a right angle to the body and bend at the elbow so that the palm is turned up</li> <li>the hand closest to the rescuer is not at a right angle • the palm of the abducted hand is not pointing up</li> </ul>	15.0	10.0 5.0	0
5	Move the victim's other hand across the chest, and hold the back of the palm of this hand against the victim's cheek closest to the rescuer • the hand cannot be held against the victim's cheek	10.0	5.0	0
6	<ul> <li>With the other hand, grab the victim's leg farthest from the rescuer just above the knee and pull it up so that the foot does not come off the surface</li> <li>the foot is not completely on the ground</li> <li>the leg is not raised to the required height</li> </ul>	15.0	5.0 10.0	0
7	Keeping the victim's hand pressed to the cheek, pull the victim's leg and turn him to face the rescuer into a sideways position • when turning the victim, the hand pressed to his cheek is not held	15.0	5.0	0
8	<ul><li>Bend the victim's thigh to a right angle at the knee and hip joints</li><li>the victim's thigh is not bent at a right angle</li></ul>	10.0	5.0	0
9	To keep the airway open and keep secretions out, tilt the victim's head down. • the victim's head is not tilted down	5.0	0	0
10	Check the victim's pulse • after the end of the action, the pulse was not	5.0	0	0

checked			
Total	100.0	50.0	0

\* completed completely; \*\* incompletely executed (with errors); \*\*\* did not comply

